



## **Annette Butler Bryant**

Annette Butler Bryant enjoys traveling and coaching other people that she established a business called Ohenewaa Travel now known as Queen Mama Heals, where she is a Transformation Healing Coach, which fits her perfectly because she is the mother of 6 children (5 sons and 1 daughter, and has 13 grandchildren). Annette Bryant was born in Chicago, grew up in Bellwood, Illinois, but currently resides in Minnesota.

Annette is an author of four books:

- 1) “Beyond the Nest-7 Steps to Living A Full Life as an Empty Nester”;
- 2) “Loving Me Best-3 Simple Steps to Self-Love”;
- 3) “Him & Her and What They Said-The Uncut Thoughts and Beliefs of Men and Women About Sex, Love, and Marriage”; and
- 4) “The Life of an Entrepreneur” 2nd Edition.

She loves children so much that In 1997, Annette received an AAS in Child Development and has been working with children for over 20 years. From 2014 to 2017, she received her Bachelor of Arts in Individualized Studies, with focuses on Psychology, Ethnic Studies, Gender Studies, Philosophy, Human Services, and Arts, which included Creative Writing, Playwright, Voice, and Writing about Art.

In her spare time, Annette works with mentoring children and homeless families, specifically with teen mothers and people who just need supportive coaching to get through personal obstacles that are in their way.

As a Provider of Healing Retreats, Annette often works as an actress with “zAmya Theater Project”, which the san script word meaning is “Aiming At Peace”. On a regular basis, she’s involved in a Zoom Series for the homeless called HNN ( Homeless Newz Network), which is a live forum open to the public every week.

At Queen Mama Heals, Annette empowers and heals women and girls. She believes that if “the woman heals, her partner and family will eventually heal communities to help heal nations”. Her mission in life is to globally touch the lives from the nearest island to the farthest extremities of the



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world, involving billions of people through healing in different types of settings including one-on-one and small groups.